

ANNUAL REPORT

2019 - 2020



Connecting Mid Canterbury Charitable Trust



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CHAIRPERSON'S REPORT

In spite of the challenges of Covid-19, Connecting Mid Canterbury has had a stable third year. All of Kate and Mari's hard work has resulted in many connections between TimeBank members in the Mid Canterbury community. By organising a wide range of interesting learning opportunities through the Learning Exchange and reliably providing regular, fun social events, people are growing their relationships and consequently their abilities to call on each other for help and support.

I'd like to acknowledge the work of the coordination team, including Josie Tallents who since October 2019 has provided voluntary admin assistance. Josie's work has enabled the coordinators to concentrate their efforts where they are most needed. I extend huge thanks from the Board to Mari, Kate and Josie for making the Timebank and the Learning Exchange so successful.

Their efforts were particularly significant throughout the Covid lockdown as the Mid Canterbury Timebank managed to keep people in our community connected via Zoom and phone calls when many were completely on their own. The benefits of this cannot be understated, knowing that isolation is a killer and that the potential for further lockdowns in the future or for certain sectors of our community to have to self-isolate is probably still high. Making sure that all members of our community can still access the valuable social support they need when in forced isolation is a crucial part of dealing with the ongoing fallout of the virus.

We are very grateful to all our funders for their support of our initiatives in Mid Canterbury. In this financial year, funding from the Ashburton District Council, NZ Lotteries, the Ashburton Trust, Advance Ashburton, COGs, NBS, Creative Communities and The Lion Foundation allowed us to consolidate and grow with surety and confidence. We do see many more ways that the TimeBank and Learning Exchange can grow and be of service in creating a connected, caring and safe community in Mid Canterbury and so we are still aiming for enough funding to allow us to increase our coordinator hours in the future.

Thanks to funding from Advance Ashburton, Lion Foundation and Creative Communities, one of last year's highlights was the Digital Storytelling course. This intensive two-day workshop on creating engaging and inspiring short videos was offered to TimeBank members as well as people from other organisations. It was wonderful that Connecting Mid Canterbury could help build the capacity of other community organisations at the same time as building our own.



CHAIRPERSON'S REPORT CONTD.

Thank you to Bruce Sim, Alasdair Freeborn, Greg Risk and Maria Jiminez who joined the Board at last year's AGM and to Kirstin Cook for her continued service to the Trust. I look forward to moving into a new phase of our development together this coming year. Selina Baker stepped down as a trustee during the year and I'd like to thank Selina for her service on the Board since its inception in 2017. Thanks to Suzie Early who has done a brilliant job as secretary this year, and Antony White who has served as treasurer. Since the beginning, Antony has done fantastic work in keeping our accounts in order, especially in budgeting and tracking all our designated funding and we all give our heartfelt thanks for his careful work. He is stepping down from the treasurer role but staying on as a trustee on the Board. We are very grateful new TimeBank member John Ramsay will take on the treasurer role.

The Timebank and Learning Exchange have been operating for almost three years and with a solid foundation the Board looks to grow these initiatives into areas such as the health setting and working with youth, which we have identified as being areas where the benefits of timebanking could have significant impact. We are looking forward to what lies ahead in our next year.

Gen de Spa
Chairperson

ABOUT THE TRUST

Connecting Mid Canterbury is a registered Charitable Trust (CC55035), formed in July 2017.

VISION

Mid Canterbury is a connected, regenerative, resilient community that cares.

MISSION

To support the growth of a regenerative, resilient and caring community by connecting people, services and resources in Mid Canterbury.

INITIATIVES

In order to fulfil its purpose the Trust launched two initiatives on October 1st 2017, the Mid Canterbury TimeBank and the TimeBank Learning Exchange.

TRUSTEES

Gen de Spa - Chairperson



Suzie Early - Secretary



Kirstin Cook - Trustee



Maria Jimenez - Trustee



Antony White - Treasurer



Alasdair Freeborn - Trustee



Bruce Sim - Trustee



Gregory Risk - Trustee





MID CANTERBURY TIMEBANK

- In a TimeBank people give and receive help exchanging time credits instead of money.
- Everyone's time and skills are valued equally.
- Timebanking software enables members to post offers and requests and respond to others' requests and offers and record exchanges.
- Not only does the TimeBank system provide a way for people to share their skills and get their needs met, it enables people to connect with others and feel a sense of belonging to the community.



- Organisations are also members of the TimeBank so some exchanges are organisations rewarding their volunteers with time credits for the volunteering they do.
- Mid Canterbury TimeBank as an organisation also records exchanges with those who volunteer in different ways to make the TimeBank run.
- Rewarding volunteers with time credits is a great way to acknowledge all the unpaid work people do to make organisations in our community tick.

MID CANTERBURY
TimeBank

Connect  Contribute  Belong

What have people exchanged this year?

Home & Garden

- Ironing
- Shoe Polishing
- Decluttering/ Organising
- Carpet Washing
- Wood Bench Sanding
- Fixing a Gate
- Unpacking Boxes
- Help with Shifting House
- House Painting & Prep
- Child Care
- Clean Spouting/Gutters
- Take up Curtains
- Plumbing/ Home Maintenance
- Housework
- Dog Walking
- House & Pet-sitting
- Garden Working Bees
- Fresh Fruit Picking
- Preserving Produce
- Garden Advice
- Shoveling & Delivering Horse Poo
- Rubbish Disposal
- Moving Chook Coop
- Tree Advice
- Gardening Group
- Providing Plants
- Rose Pruning
- Pruning Vines
- Sharpening Garden Shears
- Lawn Mowing

Learning

- Guitar Lesson
- Excel Training
- Zoom Training
- Handcraft Lessons
- Help with Scheduling
- Te Reo Māori
- Business Advice
- HR & Accounting Advice

Tech & Admin

- Fixing Netflix
- Transcribing from YouTube
- Editing Book
- Proofreading Study Notes
- Accounts Review
- Data Entry
- Tech Help at Home
- Install Printer
- Printing Documents
- General Computer Help

Practical/ Crafts

- Fix a Stuffed Toy
- Sewing Curtains
- Mend Chairs
- Sewing Machine Help
- Thread Overlocker
- Knitting
- Poncho Making
- Mending/ Alterations

Wellness

- Foot Massage
- Facial Massage
- Head Massage
- Gel Nail Polish
- Wellness Coaching
- Stress Management
- Physio Exercise Help

Companionship

- Lockdown phonecalls
- Guardian Angels
- Company at the Ballet
- Conversational English
- Chatting

Driving

- Medical errands
- Airport
- Shopping

Food

- Baking
- Providing Supper
- Meals for the Freezer
- Cheesecakes
- Breadmaking
- Kombucha
- Vegetarian Cooking
- Food Photography
- Creating Cookbook

What exchanges have happened with our organisations?

Help run the TimeBank & Learning Exchange

- Learning Exchange Facilitator/ Panelist
- Helper at Events - Set up, Kitchen
- Pamphlet/Flyer/Poster Distribution
- Back To Basics Demonstrating
- Help Move TimeBank Office
- Learning Exchange Writing
- Team Meetings - Governance, Events, Storytelling
- Emergency Planning
- Updating Website
- Photography of Events
- Binding Annual Reports
- Strategic Planning
- Running Weekday Catch-ups
- Administration Help
- TimeBank Workshop Speaker

Member Organisations

- Driving Mentors
- Childcare
- Literacy Tutors
- ESOL Tutors
- Women's Group Facilitation

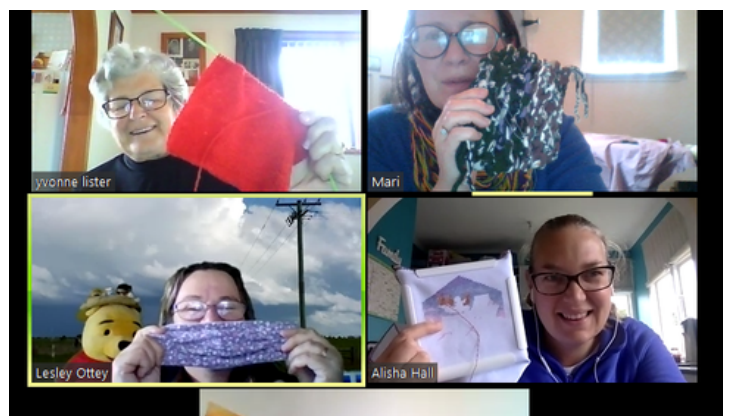
TIMEBANK SOCIAL GATHERINGS

- Social gatherings are a key component of our TimeBank that allow people to connect with others, have fun, hear about others' needs and skills, and generally feel a sense of belonging to the TimeBank community.
- People often feel more comfortable and willing to help or exchange with those they have met, so organising these events helps facilitate that.
- This year we organised 10 larger social gathering events, 4 week-day catch ups at local cafes and 16 zoom social gatherings during Lockdown.
- TimeBankers also actively participated in community events, representing the TimeBank, for example at Back to Basics and the 50+ Connexions Showcase.



TimeBank Social Gatherings 2019-2020

- | | | |
|---|-----------------------------|------------------------------------|
| • Mid Winter Christmas 2019 | • Movie Night Fundraiser | • Lockdown Social |
| • Mad Hatters Games Night | • End of Year BBQ | • Catchups on Zoom x3 |
| • The Big Spring Swap | • Start of Year Swims x2 | • Lockdown Crafternoons |
| • Potluck Dinner with Happen Films | • Happen Films Movie Night | • on Zoom x 8 |
| • Staveley Camp & TimeBank 2nd Birthday | • Mid Winter Christmas 2020 | • Lockdown Quiz Nights on Zoom x 3 |



TIMEBANK MEMBERSHIP

As at 30 June 2020

169 INDIVIDUAL
MEMBERS

19 MEMBER
ORGANISATIONS

188 TOTAL
MEMBERS

HOME

ASHBURTON	66%
ELSEWHERE IN DISTRICT	34%
RURAL AREA	26%

NEWCOMERS

MEMBERS NOT BORN IN NZ	28%
LIVED IN REGION 0-2 YRS	9%
LIVED IN REGION 2-5 YRS	16%

AGE

0 - 19	1%
20-39	20%
40-59	42%
60+	37%

GENDER

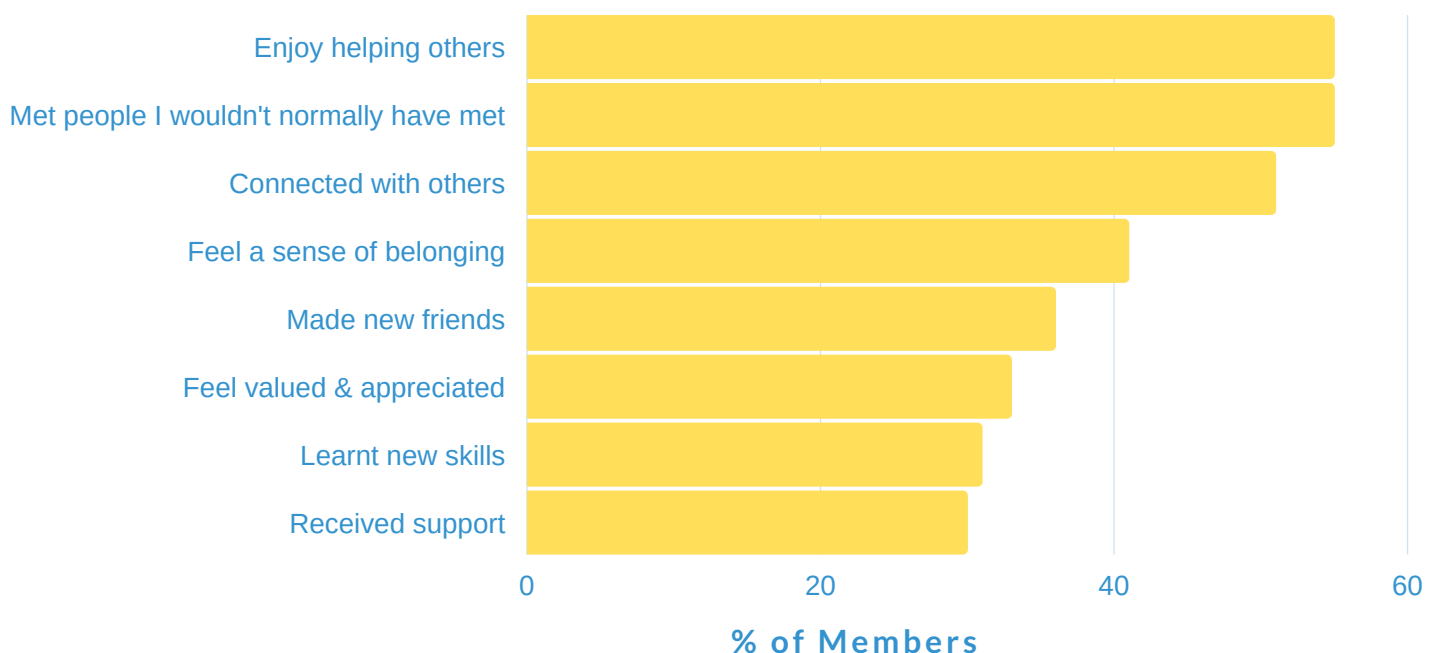
WOMEN	80%
MEN	19.5%
NONBINARY	0.5%

90% of Mid Canterbury TimeBank members completed the annual survey in June/ July 2020. Results below:

Do people feel better off by being part of the TimeBank?

- 95% of all members consider themselves better off as a result of being in the TimeBank
- 97% of active members consider themselves better off as a result of being in the TimeBank
- 66% of members were active in the previous 12 months, i.e. they completed exchanges and/or attended social or Learning Exchange events

What contributed to members feeling better off?



5 WAYS TO WELLBEING

Mental Health Foundation of New Zealand

TimeBank members identified which of the 5 ways to wellbeing they've put into practice thanks to their involvement in the TimeBank & Learning Exchange.

	CONNECT	KEEP ACTIVE	TAKE NOTICE	KEEP LEARNING	GIVE
% OF MEMBERS	53%	28%	31%	45%	43%

Wellbeing statistics

- 19% of members have physical health issues or a disability
- 14% have mental health issues
- 11% have been socially isolated
- 28% say the TimeBank has helped them feel less isolated



TIMEBANK LEARNING EXCHANGE

- In a Learning Exchange members of the community share their knowledge and skills through talks and workshops.
- Anyone is welcome to come along and learn, not just timebankers.
- Each school term a Learning Exchange programme is published, featuring a variety of topics.
- The aim is to fill the gap in the district of non-vocational community education opportunities.
- 15 of this year's 40 Learning Exchange events were held online using Zoom due to Covid 19 Lockdown restrictions.



TimeBank Learning Exchanges 2019-2020

- Kombucha - Rakaia
- Fruit Tree Pruning
- Spirituality
- Public Speaking
- Make Do & Mend
- Making Food Last
- Cheese Making
- Digital Storytellers
- Bread Making
- Reducing Waste Talks- Rakaia, Methven & Staveley
- Zero Waste Your Pantry
- Bare Essentials- DIY Zero Waste Bathroom Products
- Edible Weeds & Backyard Teas
- Timebanking in Today's World
- What Happens to Waste?
- Facebook for Nonprofits
- Te Reo Māori
- Budgeting
- Give Golf a Go
- Worm Farming
- Kiwisaver
- Meditation
- Travel Talk Israel
- Sourdough
- Homesteading
- Living With Illness
- Newcomers/ Migrants
- Gardening Q & As
- Antarctica Travel Talk
- Winter Gardening
- Zero Waste Q & A
- Funeral Planning
- Organise Your Photos



TIMEBANK & LEARNING EXCHANGE STATS

NUMBER OF EXCHANGES

July 1 2019 - June 30 2020

923

Since Launch

Oct 1 2017 - June 30 2020

2,847

HOURS EXCHANGED

July 1 2019 - June 30 2020

1,963

Since Launch

Oct 1 2017 - June 30 2020

7,890

On average 34 TimeBank members completed & recorded exchanges each month

TIMEBANK LEARNING EXCHANGE

July 1 2019 - June 30 2020

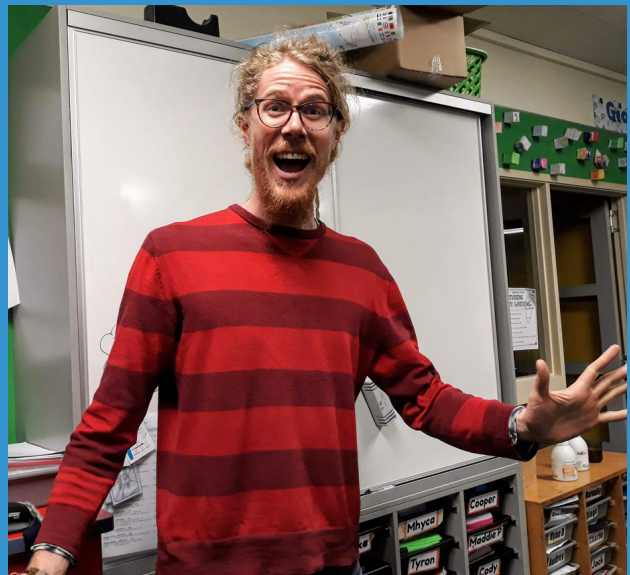
40

Learning Exchange Events

478

Learning Exchange Attendees

- 51% were members of the public
- 49% were TimeBank members



FROM OUR MEMBERS (JUNE 2020)

MARION

I really like TimeBank. I think it lives up to its motto of Connect, Contribute & Belong. I've joined a couple of small groups that have come off of it and it's built friendships, happiness & fun!



AACHIE

I like TimeBank because there are always lots of activities, and fun stuff to do. You get to make friends. I liked learning to make musical instruments out of wood and stuff at the Staveley Camp.

ELNA

I love the TimeBank! I love the social events - you get to meet people and you feel connected. It's wonderful. The concept of the TimeBank is lovely that you can exchange time for time and feel valuable. I especially love the Learning Exchange - it makes us grow in knowledge and experience.



MARGARET

I've been massaging another member's feet for a while, someone who's not very mobile. During lockdown I had a couple of members call me, which was nice. One was someone who I'd given a massage before, and she said if I'm ever feeling down I could call her. There was a day, when it'd been raining for days and it did get me down a bit, so it was nice to know there was someone I could talk to, to lift me up.

MERCEDES

TimeBank for me, has been a great space to connect with people that I wouldn't otherwise have met. It also reminded me that I am useful in many ways - I can share my skills and there are skills that I can learn from others. It's made me feel at home. If someone asked me to describe TimeBank in one word, I would say family.



DANA

I've been able to help people with garden stuff and learnt about gardening. I've shoveled horse poo and helped deliver it to gardens of our members. I've had a lot of help with clothing alterations and with proofreading for my studies.

COORDINATORS' REPORT

Kia ora koutou,

We have had a busy year bringing on new members, running social gatherings, planning Learning Exchange workshops, supporting our members and liaising with other community groups. This did not slow down during lockdown!

Timebankers weren't able to connect in person during the Covid-19 Lockdown, so we upped the online offerings with frequent events via Zoom. We also encouraged various activity on our Facebook page from poetry competitions to sharing cooking creations and dressing up, although only the two of us were crazy enough to complete that challenge! --->

Our Zoom events & Facebook page activity gave people the chance to come together with others and not feel so alone during lockdown.



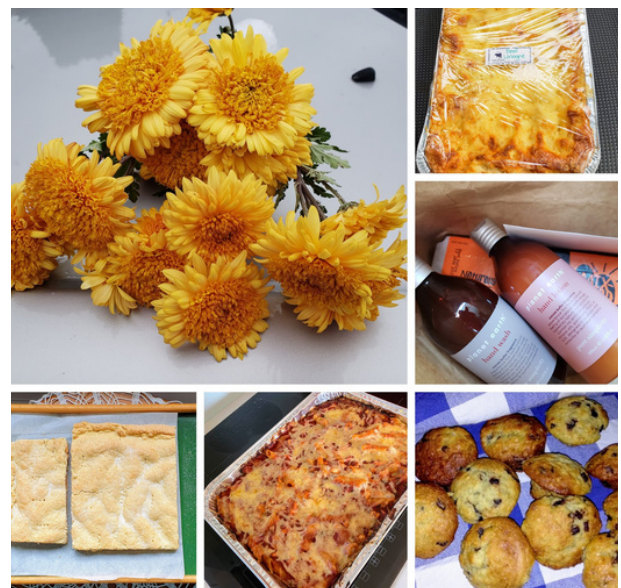
Our weekly 'Crafternoons' enabled people to join a zoom and chat while working on their knitting or other craft projects and our Zoom Gardening Q & As got people together to talk gardening and share tips with each other. We ran 3 online quiz nights which attracted a number of teams, and also ran a few social catch up zooms so people could connect from their various bubbles. Thanks to technology members and non-members alike could still 'connect, contribute and belong'.



It was heartening to see members supporting other members with groceries bought and delivered to those who were in isolation, members calling each other to check in and others cheering people up by joining in with the Teddy Bear hunt and ANZAC displays.

One member had a baby during lockdown so timebankers (most who had never met the mum before) contributed flowers, baking, meals and goodies to the family. -->

It has been very inspiring to see how our members and the local community responded with such kindness during this unprecedented time.



COORDINATORS' REPORT CONTD.



We held our first ever movie fundraiser in July 2019. Thanks to Regent Cinema and some great ticket selling by a few timebankers, we raised \$1000 for the TimeBank, having all but sold out the theatre for the documentary 'Camino Skies'.

August 2019 saw us move offices in Community House, due to some re-structuring there. We are grateful to have a base in Community House but both work most of our hours from home.

In September we held our successful Digital Storytellers Workshop where we learned how to create effective stories using video. We now have a storytelling team.



Mari, Josie & Kate in the empty, old office

In October Josie Tallents began helping out with admin tasks in a voluntary capacity- which has been a huge help to us, especially while Kate was overseas at the end of 2019.

The Learning Exchange in Term 3 2019 had a 'back to basics' focus and the term ended with a Zero Waste themed camp at Staveley, where the menu was cooked 'from scratch', and we even had a workshop on making musical instruments from foraged materials in the forest!

In Term 1 2020 we partnered with other people, organisations and businesses to offer some great Learning Exchange events - including Give Golf a Go with Ashburton Golf pro Matt Davis, a Worm farming workshop with Lesley from Eco Educate and a Facebook for non-profits session run by Rushton Marketing.

We ran a TimeBanking Q & A session during lockdown which Edgar Cahn somehow heard about. Edgar was the one who invented the whole concept of TimeBanking in the 1980s. Now in his 80s, he joined us on Zoom even though it was 3am for him in the US! It was a real surprise and privilege that he shared his time and wisdom with us.



Edgar Cahn- founder of timebanking

Edgar paid tribute to Margaret Jefferies and we wish to do so too. Margaret was a wonderful woman who brought timebanking to New Zealand in 2004 and was a source of wisdom and encouragement for us in Mid Canterbury TimeBank. She sadly passed away in January this year.

Now more than ever we need to look at the core values of TimeBanking that Edgar developed decades ago and explore how we apply them in new and far-reaching ways, for the benefit of our community. We look forward to another year coordinating the work of the Trust and helping to bring about its vision: to see Mid Canterbury become a truly connected, regenerative, resilient community that cares.

Mari Swindley

Kate White

TREASURER'S REPORT

For the Year Ended 30 June 2020

Annual Report - Page 8 (Statement of Financial Performance) - Revenue & Expenditure

REVENUE

Grants contributed 91% of the total revenue or \$37,278 (up from last year's \$28,779, which was 89% of total revenue). The \$37,278 was made up of:

- \$9,467 NZ Lotteries
- \$7,500 Ashburton District Council
- \$7,202 Ashburton Trust
- \$3,686 Lion Foundation
- \$3,500 COGS
- \$2,700 Advance Ashburton
- \$2,640 Creative Communities Scheme
- \$583 Accountantz Ltd.

The actual amounts mentioned here sometimes differ from what was received due to unspent funds being carried over to this current year and in one case, some unspent funds returned.

Other Revenue totaled \$3,607 and mainly consisted of Learning Exchange fees & Fundraiser Income (Camino Skies Movie, Silent Auction & Big Swap). Sundry Income of \$610 was received from "Time Banks of Canterbury" to cover petrol costs for hui in Christchurch and Kate's time in supporting the steering committee.

EXPENDITURE

Expenses totaled \$40,592 for the year and were made up of:

- Coordinators' Wages \$26,010 (64%), 20 hours total per week. This is an increase from the previous year due to the coordinators only starting paid employment in mid-August 2018.
- Training \$6,300 (16%). This was for the Digital Storytellers course held in September 2019 for timebankers and members of other organisations in the district.
- Rent at Community House for office space was \$2,056 (5%) - a slight decrease from the previous year due to a move to a smaller office.
- Software \$1,846 - mainly payments to Timebanks USA for the timebanking software. We also subscribed to Zoom to enable Learning Exchanges to function during the COVID19 Lockdown.

All other expenditure totaled \$4,380 (11%) and was made up of general items for running a TimeBank. Notable changes from the previous year included the reduced cost of hosting events (due to COVID19 restrictions), decrease in our insurance for Trustees (due to no claims), increased computer expenses including updating the office computer, while most other expenses were similar to the previous year.

The Net Surplus of \$293 for the year was simply to balance income with expenditure for the year.

TREASURER'S REPORT CONTD.

Annual Report – Page 10 (Statement of Financial Position) – Assets, Liabilities & Accumulated Funds as at 30 June 2020

ASSETS

These totaled \$16,303 as at 30 June 2020 and virtually entirely consisted of money in the bank. This is basically grants that have already been received late in the financial year, but have not been spent yet. For example, NZ Lotteries deposited \$10,000 into the NBS account on 4 March but this will cover coordinators wages during this current financial year.

LIABILITIES

These totaled \$15,855 and were mainly Grants Received in Advance as mentioned previously in regards to funds in the bank. The \$13,364 was made up of \$10,000 NZ Lotteries, \$2,798 Ashburton Licensing Trust, \$565 NBS Grant. Accounts Payable were 2 weeks of coordinators wages worked during June but were paid in early July, plus \$660 of unspent funds to be returned to Lion Foundation.

ACCUMULATED FUNDS

This balance of \$449 is simply a reserve of surpluses less deficits made by the Trust to be used as a future buffer.

COVID-19 Financial Impact

Although the TimeBank and Learning Exchange were not able to hold events in person during the restrictions, we adapted to online Zoom meetings. The Trust has survived well financially through this extraordinary period in history and has committed funding to August 2021 for the main costs of running the TimeBank. However that is based on current coordinator wages for 20 hours per week total. Ideally, we would like to increase this to 30 hours per week given the workload and the desire to expand our initiatives.

I have resigned as a Treasurer for the Trust but will stay on as a Trustee. John Ramsay has kindly offered to take over the Treasurer role from now on and I have every confidence in his skills for this role.

Antony White

Trustee / Treasurer, Connecting Mid Canterbury Charitable Trust (CC55035)

31 August 2020