



Connecting Mid Canterbury Charitable Trust

ANNUAL REPORT

2018 - 2019

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CHAIRPERSON'S REPORT

The Trust's initiatives - the Mid Canterbury TimeBank and Learning Exchange- strengthen our community as a whole, through enabling and challenging people to broaden their own community.

In year two of the Trust the trajectory to connect Mid Canterbury has continued. As we metaphorically gather around the campfire to reflect on the previous year & look ahead to the next, I am reminded of the strengthening achieved this year and how it came to be:

- fantastic new TimeBank members have connected
- wonderfully successful events, learning exchanges, fundraisers and more, have woven our community closer in the spirit of connecting, contributing & belonging
- many members have told stories of connection, working together, helping & supporting each other
- external funders understood our vision and came on board to help realise our mission by providing crucial funding – many thanks to Lottery Grants Board, The Lion Foundation, Creative Communities NZ, Four Winds Foundation, The Trust Ashburton, COGS and Air Rescue & Community Services
- local businesses have humbled us with their support as they recognize the strength of the TimeBank in their community & support us with donations, prizes and their time – thank you!
- a hugely passionate TimeBank team have showcased their talents of brainstorming, problem-solving, organising, planning, resourcing and sheer grunt work to keep the TimeBank fire burning brightly. Thank you dearly to the Learning Exchange team, the Events Team, the Trustees (including those who have resigned during the year- Coby and Liz), and a very special thanks to coordinators Kate & Mari who between them live and breathe TimeBanking every day.

And so, as we gather pace to head toward 2020 and beyond with all of these talented passionate people, funders and local businesses and organisations united by the vision, I'm looking forward to seeing how bright the metaphoric camp fire is burning next year.

My year as chairperson has been filled with delight guiding the team. I'm unable to continue in the Chair role however, due to health circumstances, so will step back at the AGM. I hope to continue serving as a trustee and look forward to working with the new chairperson.

Kirstin Cook
Chairperson

ABOUT THE TRUST

Connecting Mid Canterbury is a registered Charitable Trust (CC55035), formed in July 2017.

VISION

Mid Canterbury is a connected, regenerative, resilient community that cares.

MISSION

To support the growth of a regenerative, resilient and caring community by connecting people, services and resources in Mid Canterbury.

INITIATIVES

In order to fulfil its purpose the Trust launched two initiatives on October 1st 2017, the Mid Canterbury TimeBank and the TimeBank Learning Exchange.

TRUSTEES



Kirstin Cook, Chairperson



Gen de Spa, Deputy chair



Selina Baker



Suzie Early, Secretary





Antony White, Treasurer

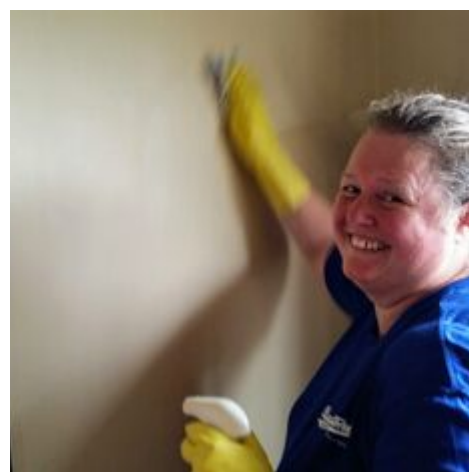


Karen Smollett

MID CANTERBURY TimeBank

Connect  Contribute  Belong

In a TimeBank people give and receive help exchanging time credits instead of money. Everyone's time and skills are valued equally. Timebanking software enables members to post offers and requests and respond to others' requests and offers and record exchanges. Not only does the TimeBank system provide a way for people to share their skills and get their needs met, crucially it enables people to connect with others and feel a sense of belonging to the community.



What have people exchanged this year?

- gardening
- take up curtains
- clearing trees
- sewing & mending
- dog walking
- baking bread
- conversational English
- project managing
- child care
- environmental weed work
- crafting
- help with preserving
- woodwork
- foot massage
- patchwork
- propagation
- Italian cooking
- dog clipping
- knitting
- portrait model
- house painting
- airport chauffeur
- housework
- computer lessons
- baking
- health support
- shopping
- crochet blanket
- company
- assignment help
- ironing
- car-wash
- business advice
- counselling
- fridge clean
- delivering fliers
- driving mentoring
- piano lesson
- help move house
- mowing lawns
- tool sharpening
- make cutlery bags
- gel nails
- oven clean
- fix a shelf
- help with sink
- bee keeping
- de-cluttering
- birthday cakes
- knitting lesson
- haircut
- computer help
- tutoring
- accounts reviewed
- skin analysis
- creating website
- water blasting
- moving furniture
- physio - exercises
- driving
- dog sitting
- help with TV & phone
- bullet journal
- graphic design
- science lessons
- spinning
- cross-stitch help
- hang up artwork
- tractor work
- pruning
- feeding chickens
- knife sharpening

TIMEBANK SOCIAL GATHERINGS

A key component of our TimeBank is running social gatherings- events which give people a chance to connect with others, have fun, hear about others' needs and skills, and generally feel a sense of belonging to the TimeBank community. People often feel more comfortable and willing to help or exchange with those they have met, so organising these events helps facilitate that. This year we organised 15 larger social gathering events and 8 week-day catch ups at local cafes or the Art Gallery.



TimeBank Social Gatherings 2018-2019

- Mid Winter Christmas
- The Big Swap
- Love Your TimeBank Week
- TimeBank First Birthday Celebration
- Staveley Camp Rejuvenation Weekend
- Futsal
- Quiz Night
- Buskers Night
- Picnic
- BBQ & Games in Domain
- Local Concert
- Potluck Dinner
- M Party
- Staveley Camp
- Pizza & Games night



TIMEBANK LEARNING EXCHANGE

In a Learning Exchange members of the community share their knowledge and skills through talks and workshops and anyone is welcome to come along and learn from them. Each school term a Learning Exchange programme is published, featuring a variety of topics. Usually the events are facilitated by TimeBank members but occasionally there are guest presenters. The aim is to fill the gap in the district of non-vocational community education opportunities.

TimeBank Learning Exchanges 2018-2019

- Zero Waste Presentation
- Planet-friendly Economics
- Polymer Clay Jewellery
- Money-wise Panel
- Guided Tour of the Universe
- Demystifying the mobile phone
- Basic Car Maintenance
- Blanket making
- 3D Printing
- Te Reo Māori
- Edible Garden Tours
- Hydroponics
- Death and Dying
- Savings Pools
- DIY Bathroom products
- Bring-a Plate ideas
- Retirement Panel
- Beeswax Wraps
- Zero Waste your Pantry
- Flax Weaving workshops
- Teddy-bear making
- Winter Cooking
- Easter Treats
- Scrapbooking
- Spinning wool
- Kombucha
- Budgeting
- Antarctica



TIMEBANK & LEARNING EXCHANGE STATS

NUMBER OF EXCHANGES

July 1 2018 - June 30 2019

1,235

Since Launch

Oct 1 2017 - June 30 2019

1,924

HOURS EXCHANGED

July 1 2018 - June 30 2019

3,578

Since Launch

Oct 1 2017 - June 30 2019

5,927

On average 39 TimeBank members completed & recorded exchanges each month

TIMEBANK LEARNING EXCHANGE

July 1 2018 - June 30 2019

Learning Exchange Events

39

Learning Exchange Participants

216

- 62% were members of the public
- 38% were TimeBank members
- Many of the 216 people attended multiple events.



TIMEBANK MEMBERSHIP

As at 30 June 2019

MEMBERS

INDIVIDUAL MEMBERS

122

MEMBER ORGANISATIONS

17

TOTAL MEMBERS

139

HOME

ASHBURTON 66%

ELSEWHERE 34%

RURAL AREA 26%

NEWCOMERS

MEMBERS NOT BORN IN NZ 29%

LIVED IN REGION 0-2 YRS 7%

LIVED IN REGION 2-5 YRS 34%

AGE

20-39 24%

40-59 41%

60+ 35%

85% of Mid Canterbury TimeBank members completed the annual survey in June/ July 2019. Results below:

GENDER

WOMEN 82%

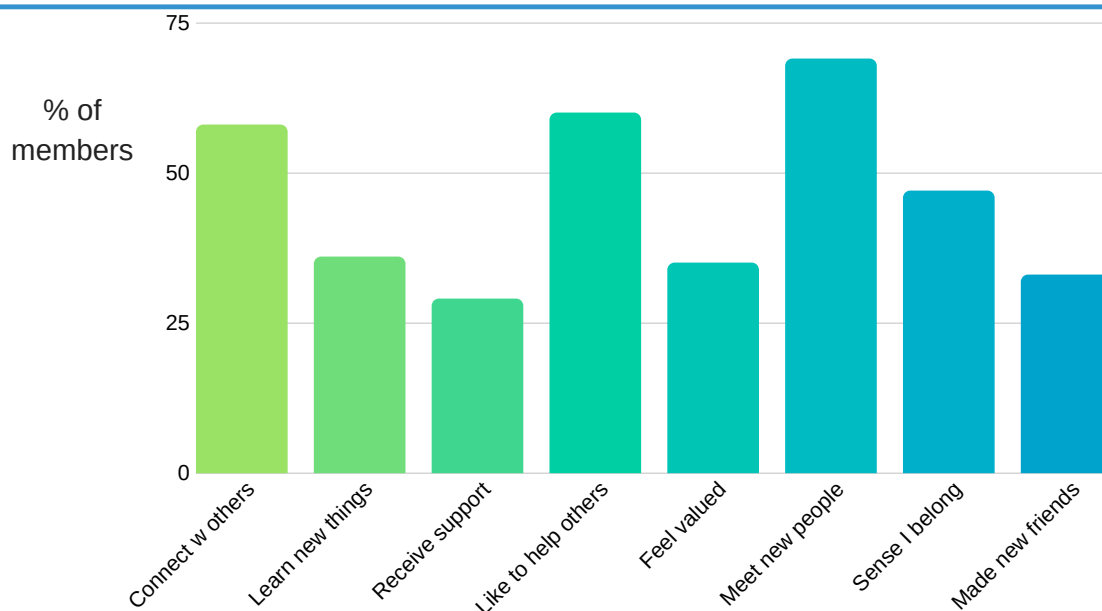
MEN 18%

53% of members consider themselves Active Members

96% of active members consider themselves better off as a result of being in the TimeBank

91% of all members consider themselves better off as a result of being in the TimeBank

WHAT CONTRIBUTED TO MEMBERS FEELING BETTER OFF?



5 WAYS TO WELLBEING

Mental Health Foundation of New Zealand

TimeBank members identified which of the 5 ways to wellbeing they've put into practice thanks to their involvement in the TimeBank & Learning Exchange.

% OF MEMBERS	CONNECT	KEEP ACTIVE	TAKE NOTICE	KEEP LEARNING	GIVE
	64%	39%	36%	59%	67%

Wellbeing statistics

- 12% of TimeBank members have physical health issues
- 10% have a disability
- 14% have mental health issues
- 12% have been socially isolated
- 18% say the TimeBank has helped them feel less isolated

From our members ...

"The Mid Canterbury TimeBank has connected my family and I with a much more diverse range of people than before, in particular ethnic range and those with disabilities. My daughter has depression and the TimeBank has extended her social circle and she feels positive about contributing to others. We are both learning new skills and information. This brings us a sense of wellbeing and belonging."

"Mid Canterbury TimeBank has significantly changed my life! I have had a history of depression/anxiety and so meeting people and doing things with them, for them & for me has helped me to be able to socialise without the focus on 'meeting people'. I have developed many special friendships through the TimeBank from ages 22 to 82 for which I'm deeply grateful."

The TimeBank has been there to give me the physical & mental support I needed when preparing my house for sale after a breakup & with little support of my ex-partner. Through my connections in the TimeBank, I found a very capable project manager who gave me the confidence to paint the exterior of my house under my own steam, among many other house projects."

"I am relatively new to Ashburton. Between a busy family life, my husband setting up a new business and me trying to find work, I didn't really make many social connections in the first year. It wasn't until I joined the TimeBank that I really connected here. I have exchanged my own skills and learned much from other members. A lot of what I have learned has improved my family's financial situation - budgeting, gardening skills etc. - as well as our health through learning more about growing our own food. My son was able to learn to play the piano through a TimeBank member."

FROM OUR MEMBERS

ROBERTA

Our experience with the Timebank has been a very important one for our family. The biggest benefit to us is the children being involved in community activities and this is what I love. We have little family in Ashburton so having this "extended family" experience for them is so healthy. The Timebank I would say is one of BEST things in Ashburton.



MERCEDES

As a newcomer to New Zealand, it takes time to find your feet and feel that familiarity you are used to. The Mid Canterbury TimeBank has certainly made me feel I belong to something- it is like my new family. I can ask for help, learn from everyone else's talents, share a cup of tea and most importantly offer help; that's one of the most rewarding feelings you can experience.

ANDY

As a migrant family, our involvement with the Mid Canterbury Timebank has made us more resilient and more likely to settle here in the long term. Not only has the TimeBank helped us establish a social network in Ashburton but timebankers have helped me move furniture, sell unwanted items and provide advice on local traders and services.

MARGARET

The TimeBank has given me a sense of belonging. I've got more involved in the local community & made new friends. The TimeBank is a place where I can ask for help of almost any kind without judgement, and a place where I can offer my skills to help others. As a Superannuitant, it has enabled me to have work done round my house that I could otherwise not afford.

ALASDAIR

Through the TimeBank I've attained several things I needed since my career-ending brain tumour and resulting disability. It's helped me to form much-needed friendships with people much younger and much older than myself. It is so good to know a group of people socially, to catch up at the TimeBank social gatherings and other times. That has been really important for my mental health. I have people I know I can count on in a crisis.



COORDINATORS' REPORT

Kia ora koutou,

Thanks to funding from Lotteries, COGS and the Ashburton Licensing Trust, Connecting Mid Canterbury was able to employ us- Mari Swindley and Kate White- to work 10 hours each a week as joint coordinators of the Trust's two initiatives, beginning in August 2018. Kate's focus is on connecting with other organisations, funding, promotions, media and events while Mari concentrates on TimeBank membership, running Starter Sessions, weekday catch ups and supporting members. We both plan and coordinate the Learning Exchange, share the administrative tasks and write monthly reports to the Board.



In the last week of September 2018 we celebrated the first birthday of both the Mid Canterbury TimeBank and Learning Exchange with a 'Love Your TimeBank' Week, which saw signs up all over Mid Canterbury promoting the TimeBank and multiple events run to celebrate this milestone. We enjoyed support for this from the Welcoming Communities project/ Ashburton District Council.

November 2018 was a busy month with a couple of successful collaborative projects. We organised the 'Staveley Forest Rejuvenation Weekend' at Staveley Camp which had over 100 people participate in forest projects, join in workshops and enjoy good food and great company. It was such a success that we held another weekend at Staveley Camp in April 2019 and have more in the pipeline.

In November Zero Waste gurus Hannah and Liam from *The Rubbish Trip* joined the TimeBank and ran several very popular workshops in our Learning Exchange. The events were held at the Ashburton Art Gallery who are a valued member of the TimeBank, having now hosted several Learning Exchange events with us and also a couple of week-day catch ups, an initiative started in November which provides opportunities for people to connect socially during the daytime.

COORDINATORS' REPORT CONTD.

We have a wonderful Events Team and are so grateful for the many TimeBank members who have volunteered their time to make our 23 social gatherings, 2 car wash fundraisers and 39 Learning Exchange events throughout the year such a success!

It's been great for us to welcome 60 new members during the year and sad to see others go - through moving or passing away. We enjoy seeing the range of exchanges that individuals record on the TimeBank site and see on average 39 different members exchanging every month. We are grateful to each and every one of our TimeBank members for making the TimeBank a great place to 'connect, contribute and belong'.

We have learnt a lot over the past year, streamlined systems and worked smarter. We've connected with TimeBanks of Canterbury and proactively sought to branch out in Rakaia. We will continue to seek funding for more hours as coordinating these initiatives is closer to a 40 hour a week job than the currently paid 20. We are hugely appreciative of the funds we have received - for our vests, fliers, insurance, wages, office costs and special events. Big thank you to all our funders.



We feel very privileged to coordinate the Trust's activities as we can see what wonderful benefits they bring to so many people in our community. We look forward to the coming year, working with the Connecting Mid Canterbury Board to further their mission to support the growth of a regenerative, resilient and caring community by connecting people, services and resources in Mid Canterbury.

Mari Swindley

Kate White

TREASURER'S REPORT

For the Year Ended 30 June 2019

Revenue was received from (Prior year figures in brackets):

- \$28,779 (\$2,565) Sponsorships & Grants
- \$1,336 (\$2,058) Fundraising & Donations
- \$1,328 (\$252) Learning Exchange Fees
- \$570 (\$830) New Members Registrations (one-off joining fees)
- \$353 (\$96) Interest (bank savings)

Total Income \$32,366, well up from \$5,802 in the prior year.

Expenditure (Prior year figures in brackets):

- \$22,009 Salaries (\$0) - started 13/8/2018 for 2 part time co-ordinators for 10 hours p/w each.
- \$2,394 (\$1,525) Rent of office at Community House for full 12mths (c.f. 8mths)
- \$1,563 (\$151) Advertising & Promotion, mainly a pull up banner and fliers
- \$1,796 (\$1,513) Social event expenditure including food and venue hire
- \$1,155 (\$1,155) Insurance for Trustees
- \$3,532 (\$1,219) Other costs of running the Trust- increase due to stationery, printing, more events than previous year and timebank software costs (no longer free)

Total Expenditure \$32,449

Net Deficit of \$83 which is minor & has been adequately covered from prior year's surplus of \$240

The Financial Position of the Trust shows Bank Account balances of \$16,975 (\$10,590) as at 30 June 2019. This is mainly made up of \$14,807 Lotteries, Advance Ashburton & ADC Grants that will be spent later in 2019 on wages and a Digital Storytellers Course. Accounts Payable of \$1,030 relates solely to wages paid in early July 2019 for work done by the co-ordinators in June 2019.

Overall, the Trust has operated within its financial means, with net equity of \$156 as at 30 June 2019, total assets of \$16,979. It has employed 2 co-ordinators consistently from mid-August 2018. We hope to get more funding for co-ordinator salaries in this current financial year in order for the Trust to be resourced to reach its full potential.

Antony White

Treasurer / Trustee

28 August 2019
